



SUSTAINABLE SERVICE IN DS TRAINING SCHEME

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www.asindown.org



Co-funded by the
Erasmus+ Programme
of the European Union



PROJECT TEAM

MARÍA GARRIDO ARCE: Educator and Project Manager : “We add Value”



TERESA MIEDES TRONCHONI: Coordinator of the Employment Area / Coordinator of the HealthyDS and VirtualDS Erasmus Project.





ASINDOWN is an is a non-profit organization created in 1989, whose **main objective** is to facilitate and promote whatever means are necessary to achieve the integral development of people with Down Syndrome and other intellectual disabilities and promote their full family, education, employment and social integration as active members of society.





In the integral development of people with Down syndrome, we have identified these main stages:

- **EARLY CHILDHOOD CENTER:** From the moment of birth to 4 years.
- **EDUCATIONAL INCLUSION CENTER:** From age 4 to 16.
- **TRAINING AND LABOUR INCLUSION CENTER:** 16+. Based on the Supported Employment Model.
- **ATTENTION TO THE INCLUSION CENTER:** 35+





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ERASMUS + PROJECTS

2015-2017_ HEALTHY DS, Development of a Training Program for Improving the Quality of Life of People with Down Syndrome through the Prevention of Obesity



2017-2019_ VIRTUAL DS, Development of a Training Program based on virtual Reality for enhancing the employability of people with Down syndrome



2018-2020_ AGEING DS, Development of a Training Program for improving the well-ageing of people with Down syndrome





- Asindown Foundation has adhered to Global Compact (movement promoted by the United Nations) since January 2019.



- During these two years, 2019-2020, we have been adapting information regarding the SDG **into easy reading**. Our target has been people with Down's Syndrome and Intellectual Disability. Ages between 10 and 40 years.
- We have implemented practical activities with social impact within the framework of one of the 17 Sustainable Development Goals .





- We expect people with intellectual disabilities and Down Syndrome to participate in a real way to the objectives of the 2030 Agenda.
- We expect to leave no one behind and make possible for people with Down Syndrome and Intellectual Disability to know and have their own opinion about the SDG.
- We expect to know about how SDG are being worked on in other countries and their level of evolution
- We look forward to learning, sharing and enjoying with our partners, as we work together to make a better world for our collective DS and DI



THANKS!

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